


Charter of Rights





 Skip to the end!
Flip it over & dance

Charter of Rights
for **Tasmanian**
children and
young people
in out of home care



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These are **your rights**
as a **child or young**
person living **away**
from your parents
and in **out of home care.**






my rights



All of these rights are important - some might be more important to you than others.

That is why they are not in any particular order.

Each right is followed by some **examples** of how the right might work in **daily life.**





ights

This Charter establishes
that **all children** and
young people living in
out of home care
in **Tasmania** have
the following **rights:**





and

1 I have the right to

be safe and
feel safe



privacy



1. This includes:

- not being abused or hurt
- not being physically punished
- **feeling safe** where I live
- not being moved around a lot




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vacy



1. This includes:

- feeling **cared for** and living with people who care for me
 - having **someone to talk to** if I am unhappy or I don't **feel safe**
 - not being verbally abused
- 



Life Skills

2 I have the right to

**receive
health care**

when it is needed





2. This includes:

- having a **health check** when I first go into care
- getting **healthy food** and time to **exercise** and **play**



education



2. This includes:

- being able to see a **doctor** or dentist or counsellor or other **healthcare worker** when I feel the need to

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family



3 I have the right to

be

consulted

and

listened to

seriously

about decisions that affect me



friends

Am!



3. This includes:

- being told **why** I am in out of home care
- being told what **plans** have been put in place for my **future**

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spu

3. This includes:

- having a **say** in what those plans are and in the sorts of **support** that will be given to me





Identity

3. This includes:

- having a **say** about decisions affecting me such as where I go to **school**, what clothes I wear, who my **friends** are and how I spend **my time**

community





4 I have the right to

have

**regular
meetings
alone**

with my worker

culture



4. This includes:

- having a worker who is there **for me**
- having someone to complain to if I am unhappy about the way I am being treated or if I am not **feeling safe**



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5 I have the right to

be treated

fairly ↓

and with

respect

for

who I am





respect

5. This includes:

- being able to **feel good** about myself
- being able to **relax** and have **fun**





aspect



5. This includes:

- not being discriminated against
- being treated as an **individual**
- being **accepted** for **who I am**



image

6 I have the right to

identify with

my

culture



and

community

and to

observe

my chosen

religion

A white silhouette of a person performing a handstand is the central focus. The person's arms are extended upwards, and their legs are spread wide in a V-shape. The background is a solid purple color. Scattered around the handstand are several colorful circles: a yellow one near the top left, a light blue one near the top right, a teal one near the bottom right, a blue one near the bottom center, a pink one near the bottom left, and a small orange one near the bottom left. A trail of small white dots extends from the top right towards the center, suggesting motion or a path.

meetings

6. This includes:

- **learning** about my background and my family's **heritage**
- being able to go to **religious** ceremonies if I want to

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6. This includes:

- having contact with cultural **elders** and **leaders**
- taking part in **artistic** and **cultural** activities



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I have the right to

have

safe

contact

with my

family

and

people

who matter to me



be heard



7. This includes:

- having **regular** and **safe** contact with:
 - brothers and sisters, cousins and other **family** members who are **important** to me
 - **friends** and former **carers** if that is what I want



be heard



7. This includes:

- **having a say** about people I don't want to **spend time** with.





heard

me

8 I have the right to

have an

education

and to gain

life skills.





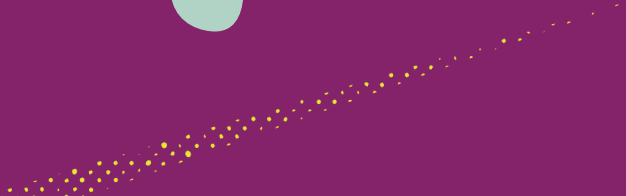
health care

8. This includes:

- being able to go to **school** and **get training**
- being able to **learn** how to act responsibly



Health care



8. This includes:

- being able to learn skills for living as **independently** as I can when I leave care
- having somewhere quiet **to study**
- being **supported** and **encouraged** in these things





feel at

care

9

I have the right to

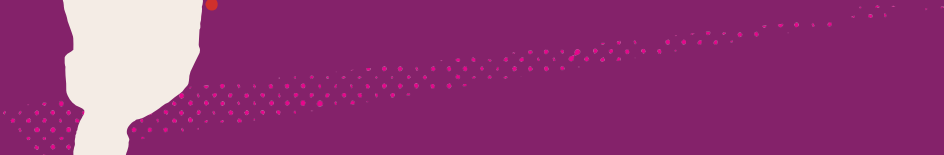
have my

privacy

respected



feel safe





9. This includes:

- having **my own things**
- having a **private** space



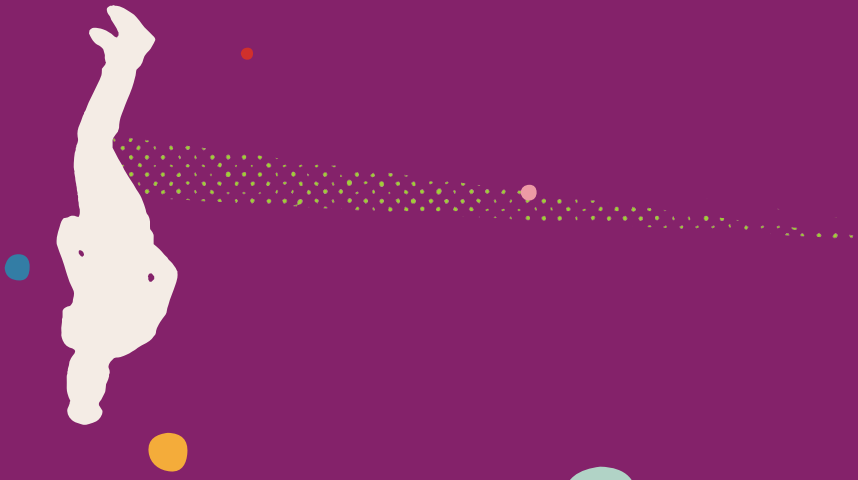
feel safe



9. This includes:

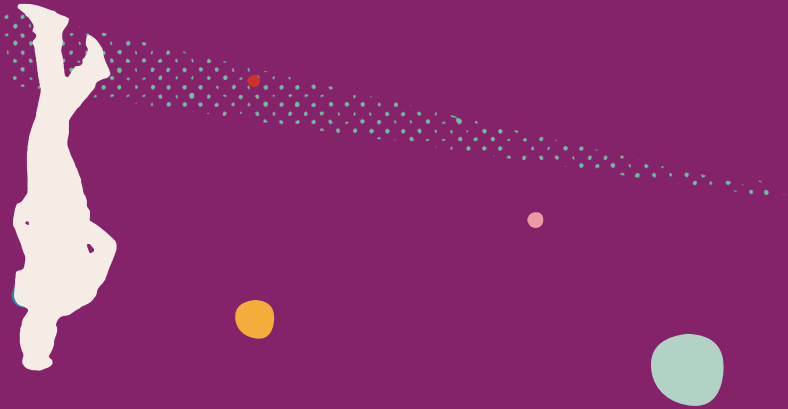
- **knowing** that personal information about me is shared **only** where it is needed and by adults who have a **right to know**





Although these are **my rights**,
I have the **responsibility** to
respect other people's
rights and **property** and to
respect what they
have to say.





Glossary

Charter of Rights

A Charter of Rights is a list of my rights and lets me know how I can expect to be treated while in care.

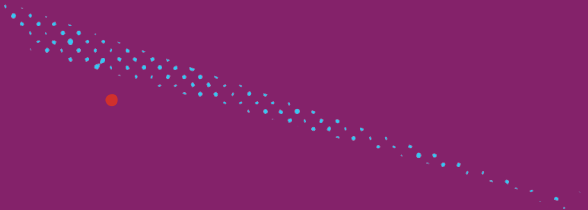
Counsellor

A person who is trained to listen to me and give me help and advice.

Cultural activities

Special events, activities and beliefs I may be involved in with my family, friends or community.





Discriminate

To treat someone unfairly just because they are different - like their race, religion or sexuality or they have a disability.

Heritage

My background and the story of my family.

Individual

I am an individual - there is only one of me and I have my own body, my own thoughts and my own favourite things.

Responsibility

What I should do or the way I should be because it is the right thing to do and what other people have the right to expect me to do.

This is who I can call

if I need extra help:

Kids Helpline (24 hour)1800 551 800

Child Safety Service1300 737 639

Commissioner for
Children and Young People(03) 6166 1366

CREATE1800 655 105



Tasmanian
Government



CCYP
Commissioner for Children
and Young People Tasmania



tip for your rights!

